



January 29, 2026

To: Chairman Hardin and Members of the Health and Human Services Committee
From: Eric Reiter, Voices for Children in Nebraska
Re: LB 732 Change provisions relating to the ability of a health care practitioner to provide cross-sex hormones and puberty blockers under the Let Them Grow Act

Chairman Hardin and members of the Health and Human Services Committee,

Voices for Children in Nebraska is in **opposition to LB 732**. Our organization works to elevate the voices of children and youth and to advance public policy that ensures all young people can grow up safe, healthy, and supported in their communities.

The Let Them Grow Act removes the ability of health care practitioners to provide evidence-based, medically indicated care to transgender and gender-diverse young people, substituting political decision-making for individualized medical judgment. This bill places young people at risk of harm and denies families the ability to make informed health care decisions in consultation with qualified medical professionals.

Legislation should never replace the judgment of families, patients, and qualified medical professionals. Decisions about a child's health care should be made by parents or guardians in consultation with licensed providers who understand the individual child's physical and mental health needs, not by lawmakers imposing one-size-fits-all restrictions.

For many young people, access to gender-affirming care is a critical component of their overall health and well-being. Every major U.S. medical association, including the American Academy of Pediatrics and the American Medical Association¹, recognize puberty blockers and hormone therapy as evidence-based treatments for adolescents who meet established clinical criteria. Denying this care does not make children healthier or safer—it increases distress, worsens mental health outcomes, and places already vulnerable youth at greater risk.²

¹ American Psychological Association. Guidelines for psychological practice with transgender and gender nonconforming people. Am Psychol. 2015 Dec;70(9):832-64. doi: 10.1037/a0039906. PMID: 26653312.

² Redfield, E. & Conron, K.J. (co-first authors), Tentindo, W., Browning, E. (2023). Prohibiting GenderAffirming Medical Care for Youth. The Williams Institute, UCLA, Los Angeles, CA.

This bill, alongside the intended impact of LB 731, would also have a chilling effect on the broader health care system, discouraging providers from offering necessary care and pushing families to leave the state or delay treatment during critical developmental periods. This undermines Nebraska's ability to support children and families where they are.

Nebraska's children deserve compassionate, individualized, and medically sound care. Laws should support families and doctors in making thoughtful decisions, not criminalize or restrict care that can be lifesaving.

For these reasons, we respectfully urge the committee to **oppose LB 732**. Thank you for your time and consideration.